

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2020

Deanwood Rehabilitation & Wellness Center
5000 Nannie Helen Burroughs Ave. NE Washington DC
Amelia Alcema- Administrator & Regional Director of Operations
MAIN CALENDAR Phone # 202-399-7504

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | New Year's Day 2020 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Range of motion exercise-3S,5S 10:30 Sunshine Group New Years Resolutions -2MPR, 3S,4S & 5South with Hot Baked Cookies & Juice 2:30 NEW YEAR DAY- Ice Cream Social with Toppings & Music-1MDR 4:45 Room Rounds-All Units 6:30 Evening Service w Greater Morning Star-2MPR New Year's Day | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-2N 10:30 Did You Know Trivia! All Units 2:30 Jamming to the Music on 4N with Artell & Social. 2:30 Cooking Class with Tonya-5N 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3N vs. 3S 2:30 Ice-Cream Cups on 5S w Betty 4:45 Room Rounds -All 6:30 Tabernacle Baptist Church-2MPR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 2:00 Arts & Crafts - 3S, 4N & 5N 2:30 DJ Money - First Friday's - w refreshments - Main Din. Room 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies & Popcorn /1st floor Main Dining Room | NFL- AFC & NFC Wild Card Rounds 4 9:10 Daily Chronicle & Rm Visits 10:00 Yoga Movement to Music -All 10:30 Conversation in the round-5N 10:30 Potomac Bapt. Church-2M 12:00 One Way United Church-4N 1:30 Music Encounters Rm. Visit 2:00 Deliverance Church-2MPR 2:30 New Year Resolution Card Design-w 4North & 5North 2:30 Checkers & Spades -1MDR 6:30 NFL Wild Card Viewing Party-1MDR |
| NFL- AFC & NFC Wild Card Rounds 5 8:30 Residents Lounge -2MPR 9:00 Daily Chronicle -All Units 9:30 Sunday Service w Tabernacle Church-2MPR 10:00 Range of Motion Exercise & Music -4 South w Yolanda 2:30 Ice Cream Social-1MDR w Ismael & Tonya 2:30 Full Gospel Min. 3N w Melissa 3:30 Mail Delivery -Yolanda & Melissa 4pm-530 NFL-Wild Card Games-2MP 6:30 Baby Boomer Canteen-1MDR | 8:15 Resident Coffee Lounge - 2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w GM Star / 2MPR 10:30 In the News w Min.Crowder-5N 10:30 Concert w Gurdia-4North 10:30 Music Listen on 3North & 3South 2:30 Pin Bowling - 5South 2:30 Sunshine Group w Dean/ Old School Music Hour 60's & 70's-2S 5:00 Blue Monday Jazz Trip- (SW) 6:30 Baby Boomers Group w Melissa 1st floor Main Dining Room | 8:15 Resident Coffee Lounge / 2MPR 8:15 DENNY's Breakfast Trip (L) 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Light House Full Gospel -2MPR 10:30 Baked Hot Cookies & Current News Discussion- 3S w Nicola 10:30 Sentimental Video-3N, 4N & 5N 2:30 Sentimental Video-4S 2:30 Trivia Questions -5S vs 5N 4:45 Room Rounds-All Units 6:30 EVENING BINGO \$\$-1MDR | 8:15 Resident Lounge w Music 2MP 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study-5S w Min. Crowder 10:30 REIDENT MONTHLY BRUNCH - 1st floor Main Dining (All welcome) 2:30 RESIDENT COUNCIL MEETING-1MDR/ All are welcome to come. Refreshments served. 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 Jamming to the Music on 4N with Artell & Social. 2:30 Cooking Class with Tonya-5N 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3N vs. 3S 2:30 Ice-Cream Cups on 5N w Tonya 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 10:30 In the News (Breaking Information) 4N w Artell 2:00 Arts & Crafts - 3S, 4N & 5N 2:30 St. LUKE's Catholic Church - Resident BINGO w Prizes-1 MDR 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies & Popcorn / 1st floor Main Dining Room | 9:10 Daily Chronicle & Rm. Vists 10:00 Exercise -All Units 10:30 Bible Study w McMorris-4N 10:30 Arts & Crafts-3South 2:00 Matinee Movie -5South 2:00 Our Friends Club-2fl. MPR 2:00 Kermit Fortee' Gospel Concert Series -1 MDR 2:30 Beulah Bapt. Church 3S 4:00 Mail Delivery - Nicola & Dean 4:45 Room Visits - All Floors 6:30 Baby Boomers Group-2MPR |
| NFL- AFC & NFC Wild Card Rounds 12 8:30 Residents Lounge-2MPR 9:30 Sunday Service w Tabernacle Church-2MPR 9:30 Rhythm Instrument Band - 5S 10:00 Horse Racing Game on 4South 11:00 Battlefield Min. Service-2MPR 2:00 Nail Design by Yolanda-4N 2:30 Windstream Baptist- 2MPR 2:30 Movie Hour & Popcorn w Melissa on 3North 4pm-6pm NFL-Football Watch-2MPR 6:30 Cards, Music, Sports-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:15 Daily Chronicle & Rm Visits 10:00 Exercise- 4N, 5S 10:30 Sentimental Video-3S & 3N 10:30 Bible Study w GM Star-2MPR 10:30 In the News w Min.Crowder-5N 2:30 Ice-Cream & Pie w Old School Music / Yolanda & Dean 4:45 Evening Room Rounds-All 5:30 Mail Delivery -Melissa /All Units 6:15 Baby Boomers Club w Melisa 1st floor Main Dining Room | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball -All Units 10:30 Bible Study 2N w Min. Crider 10:30 Sunshine Group-2MPR w Dean 10:30 Discussion Group-3N, 4N, 5N 2:00 Matinee Movie Hour / 3S & 5S 2:30 Sunshine Memory Bus Ride w Earl 2:30 Trivia Questions 4South vs -4N 4:45 Room Rounds -All Units 6:30 EVENING BINGO \$\$ -1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study-5S w Min. Crowder 10:30 Sunshine Group-Hand Message & Aroma Therapy / 2MPR w Dean 2:30 Crossword Group-5S 2:30 Red HAT Formal Tea Social-1MDR "Deanwood DIVA's" 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 Jamming to the Music on 4N with Artell & Social. 2:30 Arts & Crafts Project w Tonya-5N 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3N vs. 3S 2:30 Ice-Cream Cups on 4S w Yolanda 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 10:30 Inspirational Card design-4N 2:00 Arts & Crafts - 3S, 4N & 5N 2:30 Casino Royal Social-1MDR 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies & Popcorn /1st floor Main Dining Room | 9:15 Daily Chronicle Rm Visits 10:00 New Smyrna Mission-4N 10:30 Ascension Baptist- w Dean-2MPR 1:30 Music Encounters-1 to 1 Room Visits & 30-min. concert on 2North 2:30 Righteous Church of God- 2MPR 2:30 Adult Art w Nicola -3South 2:30 Hot Cookies Co-Co and Card Games w Betty 1st Fl. Main Dining Rm. 4:00 Mail Delivery - Nicola & Dean 4:45 Room Rounds - All Floors 6:30 Baby Boomers Grp. - 2MPR |
| 8:15 City of Praise Church- TRIP 9:10 Daily Chronicle -All Units 9:15 The Gospel Word CD-5N & 3S 9:30 Sunday Service w Tabernacle Church-2MPR 2:30 Victory Church of GOD-4N 2:30 Morning Star Church of God 2nd floor Multi-purpose Room 2:30 Sunday Social- Cake & Punch-1st floor Main Dining Rm/Dean & Kevin 4pm-6pm NFL-Football Watch-2MPR 6:30 Card Games & Music-1st MDR Activity Professionals Week | REMEMBERING 20 Dr. Martin L. King, Jr. 8:15 Resident Coffee Lounge -2MPR 9:15 Daily Chronicle & Rm Visits 10:00 Exercise- 4S,5S 10:30 Bible Study w GM Star /2MPR 10:30 Sentimental Video-3S & 3N 10:30 Rhythm Band w Betty-5S 2:30 MLK, Jr. Program & Social / Remembering the Dream: 1 Main Din. 4:30 Mail Delivery-Melissa/ All Unit 6:30 Baby Boomers Club- 1MDR | 8:15 Resident Coffee Lounge / 2MPR 8:15 DENNY's Breakfast Trip (L) 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Light House Full Gospel -2MPR 10:30 Sentimental Video-3N, 4N & 5N 2:30 Sentimental Video-4S 2:30 Horse Racing & Music-5South 2:30 Trivia Questions -3S vs 3N 4:45 Room Rounds-All Units 6:30 EVENING BINGO \$\$ -1MDR | 8:15 Resident Coffee Lounge-2MPR 10:00 Exercise -All Units 10:30 Bible Study w Min. Crowder-4N 10:30 Sunshine Group-Bean Bag Toss w Dean-2MPR 10:30 Historical Educational Fact you should know -3N, 4S & 5N 2:30 Bible Jingo- 5South w Betty 2:30 Wii Bowling w Music- 3S vs. 3N 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 Jamming to the Music on 4N with Artell & Social. 2:30 Cooking Class with Tonya-5N 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3North vs. 3South 2:30 Horse Racing - 5South vs. 5North 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 10:30 In the News (Breaking Information) 4N w Artell 2:00 Arts & Crafts - 3S, 4N & 5N 2:30 PIZZA SOCIAL & Music / 1MDR 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies & Popcorn /1st floor Main Dining Room | CHINESE NEWYEAR 25 Year of the Rat 9:15 Daily Chronicle-Rm Visits 10:00 Yoga movement to music -All 10:30 Jericho City of Praise-2MPR 10:30 Wii Bowling -3S w Nicola 2:30 1st Baptist Church of Fairmont Heights MD-4North 2:30 New Jerusalem Baptist 2:00 Our Friends Club-2MPR 2:30 Chinese New Year Social-1MDR 6:30 Baby Boomers Grp. -2MPR |
| 9:10 Daily Chronicle -All Units 9:15 The Gospel Word CD-4N&3S 9:30 Sunday Service w Tabernacle Church-2MPR 10:00 Maple Springs Bapt.-5S 10:00 Walk-away the pounds exercise video- w Yolanda-4S 2:30 Sunday Ice-Cream Social -1MDR w Yolanda & Kevin 2:30 New Jerusalem Bapt. 3N 4:00 Mail Delivery -Melissa 4:00 -6pm NFL Football/ Watch -Kevin 6:30 Evening Movie Hour-2MPR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w GM Star -2MPR 10:30 In the News w Min.Crowder-5N 10:30 Horse Racing w Yolanda - 4North 10:30 Sentimental Video-3S & 3N 2:30 Nail Painting w Yolanda-4South 2:30 Sunshine Group w Dean/ Old School Music Hour 60's & 70's-2S 4:45 Evening Rounds- All Units 6:30 Baby Boomers Club-1 MDR Australia Day (observed) | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball - All Units 10:30 Bible Study 2N w Min. Crider 10:30 Sunshine Group-2MPR w Dean 10:30 Discussion Group-3N, 4N, 5N 2:00 Matinee Movie Hour / 3S & 5S 2:30 Sunshine Memory Bus Ride w Earl 2:30 Concert w Pianist Floyd Andrews - 1st floor Main Dining Room 2:30 Nail Painting w Mellissa -3North 4:45 Room Rounds -All Units 6:30 EVENING BINGO \$\$ -1MDR | 8:15 Resident Coffee Lounge-2MPR 10:00 Exercise -All Units 10:30 Bible Study w Min. Crowder-4N 10:30 Sunshine Group/Adult Art Project w Dean-2MPR 10:30 Nail Painting w Tonya-5North 2:30 Bible Jingo- 5South vs. 5North 2:30 Men's Club Meeting & Social-1MD 2:30 Wii Bowling w Music- 3S vs. 3N 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 Jamming to the Music on 4N with Artell & Social. 2:30 Adult Art Coloring w Tonya-5N 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3N vs. 3S 2:30 Ice-Cream Cups on 4S w Yolanda 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR | 8:15 Resident Coffee Lounge-2MPR 9:10 Daily Chronicle & Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 10:30 Inspirational Card design-5N 2:00 Arts & Crafts - 3S, 4N & 5N 2:30 A Day of Remembrance: January Memorial Home Going Service-1MDR 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies & Popcorn /1st floor Main Dining Room | <p>I have a Dream I am happy to join with you today in this great struggle for freedom in the history of the world. I see a great American in you.</p> |