

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Breast Cancer Awareness Month

DEANWOOD REHABILITATION & WELLNESS CENTER

Main Activities Calendar 5000 Nannie Helen Burroughs Ave. NE Washington DC 20019

<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 Hillsong & TV Ministry Service / Joel Olsen 1:00 NFL- Falcons vs Washington Tailgate -inn room only or on unit with 6ft social distancing. 2:00 Snacks to rooms. All floors 2:30 Crossword Puzzles & Word Search Booklets-All rooms</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Yoga Movement in Rm. 11:30 Fun Facts Sheet-All 2:00 Family Visitation-2MPR 2:30 Abstract Art Project-Rm 4:45 Room Rounds -All Units 5:30 Current News-TV 8:15 NFL-Monday Night Football</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 10:30 BIBLE STUDY if in Phase 2 or 3 only. Unit 4N w Artel 2:00 Family Visitations-2MPR 2:30 Discussion in room or 1 at table w 6 ft. social distancing. 5:00 News FOX- TV -Room</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit 2:30 TRIVIA on 3N w/ 1 at table w 6 ft. social distancing. 2:30 Soft Cookie on 2N & 2S 4:45 Evening Room Visits -All Units</p>	<p>9:10 Daily Chronicle & Rm Visits 10:00 Sentimental Video-All U. 10:30 Wheelchair Exercise-All 10:30 Family Visitation -2MPR 2:30 Bible Jinga - on 2South 2:30 Family Vistations-2MPR 3:30 Even Snack- Units/Rms. 4:45 Evening Rounds-All Unit 7:20 NFL-Thursday Night Football</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 Adult Art with Music-2N 2:30 Family Visits -All Units 3:00 Movie Hour-4N Social Dist. 4:45 Evening Rounds-All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls assistance. Open to all residents. 2:30 Evening Hydration-4S 2:30 Movie & Popcorn -5N & S 2:30 Trivia Questions-3N & S 4:00 College Football-TV ESPN 4:45 Evening Rounds-All Units</p>
<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 Hillsong & TV Ministry Service / Joel Olsen 1:00 Buccaneers at Washington 2:00 Family Visitations -2MPR 5pm In the News - Unit & Rooms 8:00 Late Night NFL Game TV</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Family Visits until 6pm 2:30 Information sheet about Columbus Day and Ice Cream to the unit rooms. 8:15 NFL-Monday Night Football <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 10:30 BIBLE STUDY if in Phase 2 or 3 only. Unit 4N w Artel 2:00 Family Visitations -2MPR 2:30 BINGO- 1 at table w 6 ft. social distancing. Unit 5N Kevin & Tonya 5:00 News FOX- TV -Room</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit 2:30 Music Listen on 4S w/ 1 at table w 6 ft. social distancing. 2:30 Popcorn on 5N & 5S 4:45 Evening Room Visits -All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Name that Tunen-All 10:00 Family morning calls-All 2:30 RESIDENT COUNCIL-1MD MEETING- Open to all residents 3:00 Movie Hour-2N Social Dist. 7:20 NFL-Thursday Night Football</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 Current Events -2N 2:30 Family Visits -All Units 2:30 Movie Hour-5N Social Dist. 4:45 Evening Rounds-All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls assistance. Open to all residents. 2:30 Soft Cookies & Juice-3S 2:30 College Football-TV ESPN 3:00 Bible study materials - In room - Open if needed. 4:45 Evening Rounds-All units</p>
<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 Hillsong & TV Ministry Service / Joel Olsen 10:00 Church Service WHUR Radio 1:00 Kansas City vs. Washington In room only or unit with 6ft social distancing. 2:00 Family Visitation- 2MPR 8:00 Late Night NFL Game -TV</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Yoga Movement in Rm. 11:30 Fun Facts Sheet-All resident rooms. 2:30 Abstract Art Project-Rm 5:00 Quite Time Reading-Rm 5:30 Current News-TV 8:15 NFL-Monday Night Football</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 10:30 BIBLE STUDY if in Phase 2 or 3 only. Unit 4N w Artel 2:00 Family Visitations -2MPR 2:30 Discussion in room or 1 at table w 6 ft. social distancing. 5:00 News FOX- TV -Room</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit 2:30 TRIVIA on 2S w/ 1 at table w 6 ft. social distancing. 2:30 Soft Cookie on 3N & 3S 4:45 Evening Room Visits -All Units</p>	<p>9:10 Daily Chronicle & Rm Visits 10:00 Sentimental Video-All U. 10:30 Wheelchair Exercise-All 10:30 Family Visitation -2MPR 2:30 Bible Jinga - on 2South 2:30 Family Vistations-2MPR 3:30 Even Snack- Units/Rms. 4:45 Evening Rounds-All Unit 7:20 NFL-Thursday Night Football</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 Assembling Puzzles - 2N 2:30 Family Visits -All Units 2:30 Movie Hour 3S Social Dist. 4:45 Evening Rounds-All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls assistance. Open to all residents. 2:30 Evening Hydration -4N 2:30 Movie & Popcorn -3S 2:30 Trivia Questions-5N 4:00 College Football-TV ESPN 4:45 Evening Rounds-All Units</p>
<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 Hillsong & TV Ministry Service / Joel Olsen Tailgate-Main Din. Rm. W 6ft. social distancing. 2:00 Family Visitations -2MPR 2:30 Magazines Distribution</p>	<p>Birthday Celebration for October 2021 9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Family Visits until 6pm 2:30 Birthday - Cake & Ice-Cream cups, to the rooms. 5:30 Current News -TV in Rm. 8:15 NFL-Monday Night Football</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 10:30 BIBLE STUDY if in Phase 2 or 3 only. Unit 4N w Artel 2:00 Family Visitations- 2MPR 2:30 BINGO- 1 at table w 6 ft. social distancing. Unit 3S Nicola /Melisa 5:00 News FOX- TV -Room</p>	<p>9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit 2:30 Music Listen on 4S w/ 1 at table w 6 ft. social distancing. 2:30 Popcorn on 5N & 5S 4:45 Evening Room Visits -All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Name that Tune-All 10:00 Family morning calls-All 2:30 End of Life / Home Going Ceramony & Reflections-1MD 3:00 Movie Hour-2N Social Dist. 7:20 NFL-Thursday Night Football</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 Adult Art with Music-2N 2:30 Family Visits -All Units 3:00 Movie Hour-4N Social Dist. 4:45 Evening Rounds-All Units</p>	<p>9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls-All 2:00 Family Visits appointments 2:30 Soft Cookies & Juice-3S 2:30 College Football-TV ESPN 3:00 Bible study materials - In room - Open if needed. 4:45 Evening Rounds-All units</p>

Amilia Alcema – Regional Director of Operations Marina Tangwa – Administrator 202-399-7504 Ext. 1513

Activity at Deanwood can change at any given time due to the DC Health Guidelines.

DC Health Guidelines for activities during COVID-19 Skilled Nursing Facilities & Assisted Living Residences

Phase I - No Group Activities permitted, outings and fieldtrip are not permitted.

Phase II - Limited on-site group activities with-in the facility boundary/ gates. No more than 10 people with 6 feet social distancing.

Phase III - Group activities can occur within the facility or the facility's boundary with 10 people and 6 feet Social distancing. Also, family visitation can resume in Phase III in designated areas, with proper PPE.