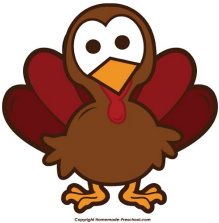


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>NOVEMBER 2021</b> <b>MAIN CALENDAR</b> <b>ACTIVITIES</b> <b>DEPARTMENT</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Yoga Movement in Rm. 11:30 <b>Cross Word Puzzles - 2S,3S,4S,5S</b> 2:30 Abstract Art Project-Rm 5:00 <b>Quite Time Reading-Rm</b> 5:30 Current News-TV 2S, 4S 8:15 <b>NFL-Monday Night Football Resident Rooms-All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 <b>Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit</b> 2:30 <b>TRIVIA</b> on 2S w/ 1 at table w 6 ft. social distancing. 2:30 <b>Soft Cookie on 3N &amp; 3S</b> 4:45 Evening Room Visits -All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 10:30 <b>BIBLE STUDY</b> if in Phase 2 or 3 only. Unit 4N w Artel 2:00 <b>Family Visitations-2MPR</b> 2:30 Discussion in room or 1 at table w 6 ft. social distancing. 5:00 <b>News FOX- TV -Room</b> 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 10:30 70's Music on Unit 5South 2:30 <b>Adult Art with Music-2N</b> 2:30 <b>Family Visits -All Units</b> 3:00 <b>Movie Hour-4N Social Dist.</b> 4:45 Evening Rounds-All	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-4S,5S 10:00 Family morning calls-All 2:30 <b>Music-5South Bill Crews</b> 2:30 <b>Family Visits -All Units</b> 3:00 <b>Movie Hour-4N Social Dist.</b> 4:45 Evening Rounds-All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls assistance. Open to all residents. 2:30 <b>Evening Hydration-4S</b> 2:30 <b>Movie &amp; Popcorn -5N &amp; S</b> 2:30 <b>Trivia Questions-3N &amp; S</b> 4:00 <b>College Football-TV ESPN</b> 4:45 <b>Evening Rounds-All Units</b> 5pm-6pm <b>Family Visitation -All</b>
<b>Daylight Saving Time</b> 7 Time goes back. 9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 <b>Hillsong &amp; TV Ministry Service / Joel Olsen</b> 10:30 <b>Morning Service-TBA</b> 1:00 <b>NFL-Games / Lounge TV</b> 2:00 <b>Snacks to rooms. All floors</b> 2:30 <b>Crossword Puzzles &amp; Word Search Booklets-All rooms</b> <small>Daylight Saving Time Ends</small>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 <b>Did You Know! Pass Out</b> 10:30 Unit Music Listening-2N 2:00 Family Visitation-2MPR 2:30 <b>Abstract Art Project-Rm</b> 4:45 Room Rounds -All Units 5:30 <b>Current News-TV 2s, 3S</b> 8:15 <b>NFL-Monday Night Football Resident Rooms -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Name that Tune-All 10:00 <b>Family morning calls-All</b> 2:30 <b>RESIDENT COUNCIL - 1MDR MEETING- Open to all residents.</b> 3:00 <b>Movie Hour-2N Social Dist.</b> 7:20 <b>NFL-Thursday Night Football</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper - All 10:30 <b>BIBLE STUDY</b> if in Phase 2 or 3 only. Unit 4N w Artel 2:00 <b>Family Visitations-2MPR</b> 2:30 <b>BINGO -1</b> at table w 6ft social distancing. <b>5North</b> 5:00 Evening <b>News-TV</b> 5pm-6pm <b>Family Visitation -All</b>	<b>Veterans Day</b> 11 9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Salute to all Veterans - Certificate and a special treat. All 10:30 <b>Bible Jenga -2South/ Betty</b> 2:00 <b>Family Visitations-2MPR</b> 2:30 Discussion in room or 1 at table w 6 ft. social distancing. 5:00 Evening <b>News-TV / All</b> <small>Veterans Day Remembrance Day (Canada)</small>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-3S,4S 10:00 Family morning calls-All 2:30 <b>Music 4N with Bill Crews,</b> lounge area 6ft apart. 1per table 3:00 <b>Movie Hour-2N Social Dist.</b> 4:45 Evening Rounds-All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls-All 2:00 Family Visit appointments 2:30 <b>Ice Cream Cups - 3S</b> 2:30 <b>College Football-TV ESPN</b> 3:00 <b>Bible study materials - In room - All</b> 4:45 <b>Evening Rounds-All units</b> 5pm-6pm <b>Family Visitation -All</b>
9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 <b>Hillsong &amp; TV Ministry Service / Joel Olsen</b> 10:30 <b>Morning Service-TBA</b> 1:00 <b>Washington at Buccaneers - TV in Room or Lounges</b> 1:30 Tailgate: Popcorn / 5S & 5N 2:00 <b>Family Visitations -2MPR</b> 5pm In the News - Unit & Rooms 8:00 <b>Late Night NFL Game TV</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 <b>W/C Exercise-All Units w social distancing.</b> 10:30 Cross Word Puzzle-Rm 2:30 <b>Abstract Art Project-Rm or Lounge area w social distancing. 2S,3S,4S,5S</b> 8:15 <b>NFL-Monday Night Football Resident Rooms-All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 <b>Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit</b> 2:30 <b>TRIVIA</b> on 2S, w/ 1 at table w 6 ft. social distancing. 2:30 <b>Soft Cookie on 3N &amp; 3S</b> 4:45 Evening Room Visits -All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -To rooms 2S,3S,4S,5S 10:30 <b>BIBLE STUDY</b> if in Phase 2 or 3 only. Unit 4N w Artel 2:00 <b>Family Visitations -2MPR</b> 2:30 Discussion in room or 1 at table w 6 ft. social distancing. 5:00 <b>News FOX- TV -Room</b> 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 <b>Adult Art with Music-2N</b> 2:30 <b>Family Visits -All Units</b> 3:00 <b>Movie Hour-4N Social Dist.</b> 4:45 Evening Rounds-All Units 8:15 <b>NFL- Football (TV- Rooms)</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 <b>Music 3N with Bill Crews</b> 2:30 <b>Family Visits -All Units</b> 3:00 <b>Movie Hour-4N Social Dist.</b> 4:45 Evening Rounds-All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls assistance. Open to all residents. 2:30 <b>Evening Hydration-4S</b> 2:30 <b>Movie &amp; Popcorn -5N &amp; S</b> 2:30 <b>Trivia Questions-3N &amp; S</b> 4:00 <b>College Football-TV ESPN</b> 4:45pm-6pm <b>Family Visitation</b> 5pm-6pm <b>Evening Rounds-All</b>
9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 <b>Hillsong &amp; TV Ministry Service / Joel Olsen</b> 10:30 <b>Working Puzzles -Units</b> 10:30 <b>Morning Service-TBA</b> 1:00 <b>Buccaneers at Washington</b> 2:00 <b>Family Visitations -2MPR</b> 2:30 <b>Soft Hot Cookies - 3S &amp; 3N</b> 5pm In the News - Unit & Rooms 8:00 <b>Late Night NFL Game TV</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Yoga Movement in Rm. 11:30 <b>Fun Facts Sheet-5S /5N</b> 2:00 Family Visitation-2MPR 2:30 <b>Abstract Art Project-Rm</b> 2:30 <b>Soft Cookies -2N &amp; 2South</b> 5:30 <b>Current News-TV</b> 8:15 <b>NFL-Monday Night Football Residents Rooms-All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Music Listening -2S & 4N 10:30 <b>Abstract painting -one resident to a table, if in Phase 2 or 3 only. Rm or Unit</b> 2:30 <b>TRIVIA</b> on 2S w/ 1 at table w 6 ft. social distancing. 2:30 <b>Soft Cookie on 4N &amp; 4S</b> 4:45 Evening Room Visits -All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Magazine & Beacon Newspaper -2S,3S,4S,5S 10:30 <b>BIBLE STUDY</b> if in Phase 2 or 3 only. Unit 4N w Artel 2:00 <b>Family Visitations- 2MPR</b> 2:30 <b>BINGO - 1</b> at table w 6 ft. social distancing. <b>Unit 3N</b> 5:00 <b>News FOX- TV -Room</b> 5pm-6pm <b>Family Visitation -All</b>	<b>THANKSGIVING DAY</b> 25 9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Macy's Parade - TV 10:30 Things I'm thankful for -unit lounge. Units with social distancing. 12:00 <b>Thanksgiving Luncheon- TBA</b> 2:30 <b>Ice-Cream &amp; Pie Social-Lounge Areas (Units) w social distancing.</b> NFL- Football / Unit & Rm TV. <small>Thanksgiving Day</small>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Inspirational Message-All 10:30 Poetry Time Sheet-All 10:00 Family morning calls-All 2:30 <b>Music 2S with Bill Crews</b> 2:30 <b>Family Visits -All Units</b> 3:00 <b>Movie Hour-2N Social Dist.</b> 4:45 Evening Rounds-All Units 5pm-6pm <b>Family Visitation -All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) All 10:00 Family morning calls-All 2:00 Family Visit appointments 2:30 <b>Ice Cream cups-3S</b> 2:30 <b>College Football-TV ESPN</b> 3:00 <b>Bible study materials - In room - Open if needed.</b> 4:45 <b>Evening Rounds-All units</b> 5pm-6pm <b>Family Visitation -All</b>
<b>HANUKKAH BEGINS</b> 28 9:10 Daily Chronicle & 1 to 1 Rm. Visits -All unit rooms 10:00 Church Service WHUR 10:30 Morning Service-TBA 1:00 <b>NFL- Football social/ units.</b> In room only or unit with 6ft social distancing <b>Ice-Cream Social- All Units</b> 8:00 <b>Late Night NFL Game -TV</b> <small>Hanukkah Begins</small>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All unit rooms. 10:00 Exercise Movement- 10:30 Unit Music Listening- <b>3S</b> 2:30 <b>Abstract Art Project-Rm</b> 2:30 Card Games -5South 2:30 Family Visitations- 2MPR 8:15 <b>NFL-Monday Night Football Seahawks vs Washington Residents Rooms-All</b>	9:10 Daily Chronicle & 1 to 1 Rm. Visits (magazine distribution) 10:00 Inspirational Message-All 10:30 Name that Tune-All 10:00 Family morning calls-All 2:30 <b>End of Life / Home Going Ceremony &amp; Reflections-1MD</b> 3:00 <b>Movie Hour-2N Social Dist.</b> 7:20 <b>NFL-Thursday Night Football</b>	 <h1 style="color: red;">NOVEMBER 2021</h1> <h2 style="color: brown;">MAIN ACTIVITIES CALENDAR</h2> <p>Mariana Tangwa-Administrator -202-399-7504 Ext. 1513            Albert Reed- DC Ombudsman -202-434-2154 <a href="mailto:Areed@aar.org">Areed@aar.org</a>/ LCE            Betty Bass - Grievance Officer 202-399-7504 Ext: 1540</p> 