Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units August 2020 DEANWOOD-RWC 10:00 Rm Exercise- All Rms. 10:30 Adult Art- Rm Projects / All 10:30 Did You Know Trivia-All 12:00 Lunch in Room -All Units 2:30 Magazine Distribution-Rm Vis COVID-19 Independent MAIN CALENDAR 2:30 Family Phone Calls- All Units 5:00 Evening News- Room TV 6:30 Movie Hour-In Room /All 3 9:10 Daily Chronicle & **5** 9:10 Daily Chronicle & 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 6 9:10 Daily Chronicle -All 9:00 Daily Chronicle & Rm Visits 9:10 Daily Chronicle & 9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units to 1 Rm. Visits-All Units to 1 Rm. Visits-All Units 1 to 1 Rm. Visits-All Units 10:00 Rm. Range of Motion-All 10:00 Sunday Church / Hillsong TV 10:00 Yoga Movements- All Rms. 10:00 Family Room Calls - All Units 10:00 Exercise-All Rms. 10:00 Rm Exercise - All Rms. 10:00 Family Room Calls - All Units 10:30 The Gospel Word-CD/Al 10:00 Adult Art on 5South 10:30 Dear Abby Questions/ All 10:30 Nail Painting-4S & 5N 10:30 Adult Art- Rm Projects / All 10:30 Adult Art- Rm Projects / All 10:30 Adult Art- Rm Projects / All 1:00 Care Tracking-All Units 10:30 1 to 1 Rm Visits -Yolanda -5S 10:30 Word Find- Independent 10:30 Did You Know Trivia-All 10:30 Word Find- Independent 10:30 Family Phone Calls-All Unit 10:30 Rm Letter Writing-All Units 2:00 Movie Matinee-3N w Mellissa 2:00 LIVE Music w Artel-4N 12:00 Lunch in Room -All Units 2:30 Quite Time Reading-All Units 2:00 Outside Air-Front Patio 2:30 Magazine Distribution-Rm Vis. 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Rolling Snacks-4N 2:30 Musical Encounters -3N Video 2:30 Magazine Distribution-Rm Vis 2:30 TV TIME – On your own 2:30 Sentimental Videos-All Uni 2:30 Unit Popcorn – All Units 2:30 Cross Words Puzzle/ All Units 2:30 Room Spelling Bee- 5S,5S 3:30 Care Tracking - All 2:30 Cross Words Puzzle/ All Units 2:30 Quite Time Reading-All Units 2:30 Rm Listening Ear-4S 2:30 TV TIME – On your own 3:30 Care Tracking – All 3:30 Care Tracking -All 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV 3:30 Care Tracking -All 4:00 Room Rounds-All Units 4:00 Soul Music Listen- 2MPR 5:00 Evening News- Room TV 14 9:10 Daily Chronicle & 10 9:10 Daily Chronicle & 11 9:10 Daily Chronicle & 12 9:10 Daily Chronicle & 9:00 Daily Chronicle & Rm Visits 9:10 Daily Chronicle & 9:20 Daily Chronicle -All 15 9:30 Outside Air-Patio to 1 Rm. Visits-All Units 10:00 Rm. Range of Motion-All 1 to 1 Rm. Visits-All Units 10:00 Sunday Church / Hillsong TV 10:00 Rm Range of Motion 10:00 Yoga Movements- All Rms. 10:00 Exercise-All Rms. 10:00 Rm Exercise - All Rms. 10:00 Rm Exercise- All Rms. 10:30 The Gospel Word-CD/Al 10:00 Magazine Distribution-Rooms Exercise-All Rms. 10:30 Dear Abby -Answers / All 10:30 Nail Painting-4S & 5N 10:30 In Room -Cook Book Ideas 10:30 Adult Art- Rm Projects / All 1:00 Care Tracking-All Units 10:00 Adult Art on 5South 10:30 Did You Know Trivia-All 10:30 Family Phone Calls-All Units 10:30 Did You Know Trivia-All 10:30 Rm. Sentimental Video-5S 10:30 Bible Trivia Questions-U 10:30 1 to 1 Rm Visits -Yolanda -5S 2:00 LIVE music w Kevin-5N 12:00 Lunch in Room -All Units 12:00 Lunch in Room -All Units 10:30 Rm. Sentimental Video-3N 12:00 Lunch in Room -All Units 12:00 Lunch in Room -All Units 2:30 Ice-Cream Social - All Units 2:00 Outside Air-Front Patio 2:30 Poetry Reading & Writing-2:30 Magazine Distribution-Rm Vis. 12:00 Lunch in Room -All Units 2:30 News Brief Distribution-Rooms 2:30 Magazine Distribution-Rm Vis 2:30 Quite Time Reading-All Units 2:30 Sentimental Videos-All Uni 2:30 Family Phone Calls- All Units **Room Independent Activity** 2:30 Unit Popcorn - All Units 2:30 Room Spelling Bee-4N & 4S 2:30 Outside Air & Sunlight (patio) 2:30 TV TIME – On your own 2:30 Rm Listening Ear-4S 3:30 Care Tracking – All 3:30 Hydration Cart & Rm Visits 3:30 Care Tracking – All 3:30 Hydration Cart & Rm Visits 5:00 Evening News- Room TV 3:00 Popsicles on the patio 4:00 Room Rounds-All Units 4:15 Room Rounds -All Units 6:30 News Update - Rm TV 5:00 Evening News- Room TV 5:00 Evening News- Room TV 6:30 Movie Hour-In Room /All 5:00 Evening News- Room TV 21 9:10 Daily Chronicle -All 10:00 Rm. Range of Motion-All 1 to 1 Rm. Visits-All Lini 18 9:10 Daily Chronicle & 16 9:10 Daily Chronicle & 9:10 Daily Chronicle & 9:10 Daily Chronicle & to 1 Rm. Visits-All Units 1 to 1 Rm. Visits-All Units 8:30 Smoking Patio- Games-Outside 10:00 Rm Range of Motion 10:00 Family Room Calls - All Units 10:00 Exercise-All Rms. 10:00 Rm Exercise - All Rms. 10:00 Family Room Calls - All Units 10:30 The Gospel Word-CD/Al 9:00 Daily Chronicle & Rm Visits Exercise-All Rms. 10:30 Dear Abby Questions / All 10:30 Nail Painting-4S & 5N 10:30 Adult Art- Rm Projects / All 10:30 Adult Art- Rm Projects / All 1:00 Care Tracking-All Units 9:30 Outside Air-Patio 10:30 Family Phone Calls-All Unit 10:30 Word Find- Independent 10:30 Did You Know Trivia-All 10:30 Rm Letter Writing-All Units 10:30 Word Find- Independent 2:00 LIVE Music w Artel-4N 10:00 Sunday Church -Hillsong TV 12:00 Lunch in Room -All Units 10:00 Adult Art on 5South, 4South 2:00 Outside Air-Front Patio 2:30 Magazine Distribution-Rm Vis. 2:30 Unit Rolling Snacks-4N 2:30 Magazine Distribution-Rm Vis. 2:30 Magazine Distribution-Rm Vis 2:30 Poetry Reading & Writing-10:30 1 to 1 Rm Visits -Yolanda -4S 2:30 Sentimental Videos-All Uni Room Independent Activity 2:30 Cross Words Puzzle/ All Units 2:30 Room Spelling Bee-3N & 3S 3:30 Care Tracking - All 2:30 Cross Words Puzzle/ All Units 2:30 Cookies and Movies-2MPR 2:30 Rm Listening Ear-4S 5:00 Evening News- Room TV 3:30 Hydration Cart & Rm Visits 3:30 Care Tracking -All 3:30 Hydration Cart & Rm Visits 3:30 Care Tracking -All 3:00 Popsicles on the patio 6:30 R & B Music Listening-4N 4:00 Room Rounds-All Units 4:00 Soul Music Listen- 5South 6:30 News Update-Rm TV 5:00 Evening News- Room TV 5:00 Evening News- Room TV 5:00 Evening News- Room TV 23 9:10 Daily Chronicle & 25 9:10 Daily Chronicle & 24 9:10 Daily Chronicle & 27 9:20 Daily Chronicle -All 10:00 Rm. Range of Motion-All 9:10 Daily Chronicle & 9:10 Daily Chronicle & 29 to 1 Rm. Visits-All Units 1 to 1 Rm. Visits-All Units 8:30 Smoking Patio- Games-Outside 10:00 Exercise-All Rms. 10:00 Rm Exercise - All Rms. 10:00 Rm Exercise- All Rms. 10:00 Rm Range of Motion 10:00 Yoga Movements- All Rms. 10:30 The Gospel Word-CD/Al 9:00 Daily Chronicle & Rm Visits **Exercise-All Rms.** 10:30 Dear Abby Answers / All 10:30 Nail Painting-4S & 5N Only 10:30 In Room -Cook Book Ideas 10:30 Adult Art- Rm Projects / All 1:00 Care Tracking-All Units 9:30 Outside Air-Patio 10:30 Family Phone Calls-All Unit 10:30 Did You Know Trivia-All 10:30 Rm. Sentimental Video-5N 10:30 Bible Trivia Questions-U 10:30 Did You Know Trivia-All 10:00 Sunday Church -Hillsong TV 2:00 LIVE music w Kevin-5N 12:00 Lunch in Room -All Units 12:00 Lunch in Room -All Units 10:30 Rm. Sentimental Video-3S 12:00 Lunch in Room -All Units 12:00 Lunch in Room -All Units 10:00 Adult Art on 5South, 4South 2:00 Outside Air-Front Patio 2:30 Poetry Reading & Writing-2:30 Magazine Distribution-Rm Vis. 2:30 Room Spelling Bee-2fl Betty 2:30 News Brief Distribution-Rooms 2:30 Magazine Distribution-Rm Vis 10:30 1 to 1 Rm Visits -Yolanda -4S 2:30 Sentimental Videos-All Uni Room Independent Activity 2:30 Unit Popcorn - All Units 2:30 Movie Hour-Unit 4N 2:30 Outside Air & Sunlight (patio) 2:30 Family Phone Calls- All Units 2:30 Cookies and Movies-2MP 2:30 Rm Listening Ear-4S 3:30 Care Tracking – All 5:00 Evening News- Room TV 3:30 Hydration Cart & Rm Visits 3:30 Care Tracking – All 3:30 Hydration Cart & Rm Visits 3:00 Popsicles on the patio 5:00 Evening News- Room TV 4:00 Room Rounds-All Units 4:00 Soul Music Listen- 5South 6:30 News Update-Rm 5:00 Evening News- Room TV 5:00 Evening News- Room TV 6:30 Movie Hour-In Room /All 30 9:10 Daily Chronicle & 9:00 Daily Chronicle & Rm Visits 31 Amilia Alcema – Administrator- Regional Director of Operations -202-399-7504 Ext. 513 11:00 Sunday Church Service to 1 Rm. Visits-All Units Daniel Udo-Social Service Director & Grievance Officer-202-399-7504 Ext. 540 On WHUR Radio 10:00 Rm Range of Motion 10:00 Adult Art on 5South Albert Reed- Ombudsman -Hotline: 202-434-2190 Exercise-All Rms. 10:30 1 to 1 Rm Visits -Yolanda -5S 10:30 Family Phone Calls-All Units Barrington D. Scott- Therapeutic Activities Director -202-399-7504 Ext. 518 2:00 Outside Air- Patio 12:00 Lunch in Room -All Units 2:30 Ice-Cream Cup social-All Units Earl Carter – Assistant Activities Director -202-399-7504 Ext. 530 2:30 Poetry Reading & Writing-3:00 Popsicles on the patio Room Independent Activity 4:00 Soul Music Listen- 2MPR 3:30 Hydration Cart & Rm Visits 4:15 Room Rounds -All Units Smoking Patio- 8am to 11pm daily / All activities are subject to change and will be noted in the Daily Chronicle. 6:30 News Update-All Units 5:30 Evening News - Room TV Deanwood Rehibition & Wellness Center -5000 Nannie Helen Burroughs Ave. NE. 20019 202-399-7504