

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2020

Deanwood Rehabilitation & Wellness Center  
5000 Nannie Helen Burroughs Ave. N.E.  
Washington DC 20019 202-399-7504  
**MAIN ACTIVITY CALENDAR**

9:10 Daily Chronicle & Rm Visits  
10:00 Yoga Movement to Music -All  
10:30 Conversation in the round-5N  
10:30 Potomac Bapt. Church-2M  
12:00 One Way United Church-4N  
1:30 **Music Encounters Rm. Visit**  
2:00 Deliverance Church-2MPR  
2:30 **ICE-CREAM SOCIAL-1MDR**  
2:30 Checkers & Spades -1MDR  
6:30 **Baby Boomers Canteen w Ishmael / 2MPR** -snacks, TV, cards

<p><b>NFL- LIV Super Bowl</b>  Kansa City-Chiefs vs. San Francisco 49rs 9:30 <b>Sunday Service w Tabernacle Church-2MPR</b> 10:00 Range of Motion Exercise &amp; Music -4 South w Yolanda 2:30 Full Gospel Min. 3N w Melissa 6:30 <b>PreSuper - Bowl Happy Hour</b> 8:15 <b>Super Bowl Party -1MDRw Kevin</b> Groundhog Day</p>	<p><b>8:15 Resident Lounge - 2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise -2S,3S,4S,5S 10:30 Bible Study w GM Star / 2MPR 10:30 In the News w Kevin -4North 10:30 <b>Concert w Gurdia-2North</b> 10:30 Music Listen on 3North &amp; 3South 2:30 Pin Bowling - 5South 2:30 Black History Facts w Kevin 4N 2:30 <b>Poetry Group w Sandra -4South</b> 6:30 Baby Boomers Group w Melissa 1st floor Main Dining Room</p>	<p><b>Community Outing:</b> <b>8:15 DENNY's Breakfast Trip 1 (L)</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Balloon Volleyball-All Units 10:30 <b>Light House Full Gospel -2MPR</b> 10:30 Baked Hot Cookies &amp; Current News Discussion- 3S w Nicola 10:30 Parachute Balloon Toss-2MPR 2:30 Sentimental Video-4S 2:30 Trivia Questions -5S vs 5N 4:45 Room Rounds-All Units 6:30 <b>EVENING BINGO \$\$-1MDR</b></p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 10:00 Exercise -All Units 10:30 Bible Study w Min. Crowder-4N 10:30 <b>Sunshine Group</b>-Bean Bag Toss w Dean-2MPR 10:30 <b>Historical Educational Fact you should know -3N, 4S &amp; 5N</b> <b>2:30 Bible Jingo- 5South w Betty</b> 2:30 Wii Bowling w Music- 3S vs. 3N 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR</p>	<p><b>9:10 Daily Chronicle &amp;Rm Visits</b> 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-2N 10:30 Did You Know Trivia! All Units 2:30 <b>Jamming to the Music on 4N with Artell &amp; Social.</b> 2:30 <b>The Hearing &amp; Support Group - 4South w Yolanda</b> 2:30 Wii Bowling- 3N vs. 3S 2:30 Ice-Cream Cups on 5S w Betty 4:45 Room Rounds -All 6:30 <b>Tabernacle Baptist Church-2MPR</b></p>	<p><b>Community Outing:</b> <b>9:10 Daily Chronicle &amp;Rm Visits</b> 10:00 <b>WALMART TRIP-(Lobby)</b> 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-2MPR 10:30 <b>Inspirational Card design-4N,5N</b> 2:00 Arts &amp; Crafts - 3S, 4N &amp; 5N 2:30 <b>DJ Money - First Friday's - w refreshments - Main Din. Room</b> 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies &amp; Popcorn /1st floor Main Dining Room</p>	<p><b>9:10 Daily Chronicle &amp; Rm. Visits</b> 10:00 Exercise -All Units 10:30 Bible Study w McMorris-4N 10:30 Arts &amp; Crafts-3South 2:00 Matinee Movie -5South 2:00 Our Friends Club-2fl. MPR 2:00 <b>Kermit Fortee' Gospel Concert Series -1 MDR</b> 2:30 Beulah Bapt. Church 3S 4:00 Mail Delivery - Nicola &amp; Dean 4:45 Room Visits - All Floors 6:30 <b>Baby Boomers Canteen-2MPR</b> Ishmael / 2MPR Cards, Music, Snacks</p>
<p><b>8:30 Residents Lounge-2MPR</b> 9:30 <b>Sunday Service w Tabernacle Church-2MPR</b> 9:30 Rhythm Instrument Band - 5S 10:00 Horse Racing Game on 4South 11:00 Battlefield Min. Service-2MPR 2:00 Nail Design by Yolanda-4N 2:30 Windstream Baptist- 2MPR 2:30 <b>Movie Hour &amp; Popcorn w Melissa</b> on 3North 6:30 <b>Fun House:</b> Cards, Music, TV Sports- w Kevin Stewart Jr.1MDR</p>	<p><b>Community Outings</b> <b>9:15 Daily Chronicle &amp; Rm Visits</b> 10:00 Exercise- 2S,3S,4S,5S 10:30 Sentimental Video-3S &amp; 3N 10:30 <b>Bible Study w GM Star-2MPR</b> 10:30 Arts &amp; Crafts w Kevin -4N 2:30 Poetry Group w Yolanda -4 South 4:45 Evening Room Rounds-All 5:30 Mail Delivery -Melissa /All Units 5:00 <b>Blue Monday Jazz Trip-(SW)</b> 6:15 <b>Baby Boomers Club w Melisa</b> 1st floor Main Dining Room</p>	<p><b>8:15 Resident Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 10:30 Bible Study 2N w Min. Crider 10:30 <b>Sunshine Group-Name that tune /2MPR w Dean</b> 10:30 Discussion Group-3N, 4N, 5N 2:00 <b>Matinee Movie Hour / 3S &amp; 5S</b> 2:30 <b>Sunshine Memory Bus Ride w Earl</b> 2:30 Trivia Questions 4South vs -4N 4:45 Room Rounds -All Units 6:30 <b>EVENING BINGO \$\$ -1MDR</b></p>	<p><b>Lincoln's Birthday</b> <b>8:15 Resident Lounge w Music 2MP</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise -All Units 10:30 Bible Study-5S w Min. Crowder 10:30 <b>BLACK HISTORY SOUL FOOD BRUNCH - 1st floor Main Dining</b> <b>2:30 RESIDENT COUNCIL MEETING- 1MDR/ All are welcome to come. Refreshments served.</b> 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR</p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 <b>Jamming to the Music on 4N with Artell &amp; Social.</b> 2:30 <b>Cooking Class with Tonya-5N</b> 2:30 <b>The Hearing &amp; Support Group- 4 South w Yolanda</b> 2:30 Wii Bowling- 3N vs. 3S 2:30 <b>Ice-Cream Cups on 5N w Tonya</b> 4:45 Room Rounds -All</p>	<p><b>Happy Valentines</b> <b>9:10 Daily Chronicle &amp;Rm Visits</b> 10:00 <b>Exercise &amp; Music-2S,3S,4S,5S</b> 10:30 Bible Study w Min. Crider-2MPR 10:30 <b>In the News ( Black History Facts ) 4N w Artell &amp; 5South w Betty</b> 2:00 Arts &amp; Crafts - 3S, 4N &amp; 5N 2:30 <b>St. LUKE's Catholic Church - Valentine BINGO w Prizes-1 MDR</b> 4:00 Card Games on 5South 6:30 Friday Night Movies &amp; Popcorn / 1st floor Main Dining Room Valentine's Day</p>	<p><b>9:15 Daily Chronicle Rm Visits</b> 10:00 New Smyrna Mission-4N 10:30 Ascension Baptist- w Dean- 2MPR 1:30 <b>Music Encounters-1 to 1 Room Visits &amp; 30-min. concert on 2North</b> 2:30 Righteous Church of God- 2MPR 2:30 Adult Art w Nicola -3South 2:30 <b>Hot Cookies Co-Co and Card Games w Betty 1st Fl. Main Dining Rm.</b> 4:00 Mail Delivery - Nicola &amp; Dean 4:45 Room Rounds - All Floors 6:30 <b>Baby Boomers Canteen. - 2MPR</b></p>
<p><b>Community Weekend Outing</b> <b>8:00 City of Praise Church- TRIP</b> 9:30 <b>Sunday Service w Tabernacle Church-2MPR</b> 2:30 Victory Church of GOD-4N 2:30 Morning Star Church of God 2nd floor Multi-purpose Room 2:30 <b>Sunday Social- Apple Pie &amp; Ice Cream-1st floor Main Dining Rm/ Dean &amp; Kevin Stewart Jr.</b> 6:30 <b>Fun House:</b> Card Games &amp; Movie Hour -w Kevin Stewart Jr. 1st MDR</p>	<p><b>8:15 Resident Lounge -2MPR</b> 9:15 Daily Chronicle &amp; Rm Visits 10:00 Exercise- 2S,3S,4S,5S 10:30 Bible Study w GM Star /2MPR 10:30 Adult Art Coloring 3S &amp; 3N 10:30 Rhythm Band w Betty-5S 12:30 <b>President Luncheon-1 Main Din.</b> <b>2:30 Black History Month -Film Festival Kick-off /THE BOSS with Popcorn- 1MDR</b> 2:30 Poetry Group w Sandra-4 South 6:30 <b>Baby Boomers Club- 1MDR</b> Presidents' Day (US)</p>	<p><b>Community Outing</b> <b>8:15 DENNY's Breakfast Trip 2 (L)</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Balloon Volleyball-All Units 10:30 <b>Light House Full Gospel -2MPR</b> 10:30 Sentimental Video-3N, 4N &amp; 5N 2:30 Sentimental Video-4S 2:30 <b>Black History Film Festival TBA -1MDR w Popcorn</b> 4:45 Room Rounds-All Units 6:30 <b>EVENING BINGO \$\$ -1MDR</b></p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise -All Units 10:30 Bible Study-5S w Min. Crowder 10:30 <b>Sunshine Group-Hand Massage &amp; Aroma Therapy / 2MPR w Dean</b> 2:30 <b>Crossword Puzzle - Group-5S</b> 2:30 <b>Red HAT Formal Social- "DEANWOOD DIVA's (Mr. &amp; Ms. Deanwood) Affair-1MDR</b> 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR</p>	<p><b>Community Outings- Anacostia Museum Trip (SE Washington DC)</b> <b>9:10 Daily Chronicle &amp;Rm Visits</b> 10:30 <b>Sing a long w Brian Rudoff-2S</b> 10:30 Bible Study w Min. Crider-4N 2:30 <b>Jamming to the Music on 4N with Artell &amp; Social.</b> 2:30 <b>Arts &amp; Crafts Project w Tonya-5N</b> 2:30 <b>The Hearing &amp; Support Group 4 South w Yolanda</b> 2:30 <b>Black History Film Fest-1MDR</b> 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR</p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise &amp; Music-2S,3S,4S,5S 10:30 Bible Study w Min. Crider-2MPR 10:30 <b>Inspirational Card design-4N, 2:00 Magazine Distribution-2S &amp; 2N</b> 2:00 Arts &amp; Crafts - 3S, 4N &amp; 5N 2:30 <b>Casino Royal Social-1MDR</b> 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 <b>Live in Concert: Floyd Andrews on Piano / 1st floor Main Dining Rm</b></p>	<p><b>9:15 Daily Chronicle-Rm Visits</b> 10:00 Yoga movement to music -All 10:30 Jericho City of Praise-2MPR 10:30 Wii Bowling -3S w Nicola 2:30 <b>Our Friends Club-5South</b> 2:30 1st Baptist Church of Fairmont Heights MD-4North 2:30 New Jerusalem Baptist-5Noth 2:30 <b>LIVE w THE WAY BAND-1MDR</b> 4:45 Room Rounds-All Floors 6:30 Baby Boomers Canteen-1MPR W Ishmael -Cards, Popcorn &amp; Music</p>
<p>9:10 Daily Chronicle -All Units 9:15 The Gospel Word CD-4N&amp;3S 9:30 <b>Sunday Service w Tabernacle Church-2MPR</b> 10:00 <b>Maple Springs Bapt.-5S</b> 10:00 Walk-away the pounds exercise video- w Yolanda-4S 2:30 Sunday Ice-Cream Social -1MDR w Yolanda &amp; Kevin 2:30 <b>New Jerusalem Bapt. 3N</b> 4:00 Mail Delivery -Melissa 6:30 <b>Fun House - cards, music, refreshments w Kevin Stewart, Jr.</b></p>	<p><b>8:15 Resident Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise - 2S,3S,4S,5S 10:30 Bible Study w GM Star -2MPR 10:30 In the News w Min.Crowder-5N 10:30 Poetry Group w Yolanda - 4N 10:30 Black Trivia Facts w Kelvin-4N 2:30 Nail Painting w Yolanda-4South 2:30 Sunshine Group w Dean/ Old School Music Hour 60's &amp; 70's-2S 4:45 Evening Rounds- All Units 6:30 <b>Baby Boomers Club-1 MDR</b></p>	<p><b>8:15 Resident Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Balloon Volleyball - All Units 10:30 Bible Study 2N w Min. Crider 10:30 <b>Sunshine Group- Parachute Balloon Toss- 2MPR w Dean</b> 10:30 Discussion Group-3N, 4N, 5N 2:00 <b>Matinee Movie Hour / 3S &amp; 5S</b> 1st floor Main Dining Room 2:30 <b>Mardi Gras - Paint N Sip-1MDR</b> 4:45 Room Rounds -All Units 6:30 <b>EVENING BINGO \$\$ -1MDR</b> Mardi Gras</p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 10:00 Exercise -All Units 10:30 Bible Study w Min. Crowder-4N 10:30 <b>ASH WEDNESDAY UNIT 1 to 1 / Room Visits</b> 10:30 <b>Historical Educational Fact you should know -3N, 4S &amp; 5N</b> 2:30 <b>Bible Jingo- 5South w Betty</b> 2:30 Wii Bowling w Music- 3S vs. 3N 4:00 Leisure Time (Unit Lounge) 4:45 Room Rounds-All Units 6:30 Card games, Music listeng-1MDR Ash Wednesday</p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Balloon Volleyball-All Units 10:30 Bible Study w Min. Crider-4N 10:30 Did You Know Trivia! All Units 2:30 <b>Jamming to the Music on 4N with Artell &amp; Social.</b> 2:30 <b>Cooking Class with Tonya-5N</b> 2:30 Sentimental Video - 2MPR, 4S 2:30 Wii Bowling- 3North vs. 3South 2:30 <b>Horse Racing - 5South vs. 5North</b> 4:45 Room Rounds -All 6:30 Card games, Music listeng-1MDR</p>	<p><b>8:15 Resident Coffee Lounge-2MPR</b> 9:10 Daily Chronicle &amp;Rm Visits 10:00 Exercise -All Units 10:30 Bible Study w Min. Crider-3South 10:30 <b>Black History Facts 2MPR &amp; 4S</b> 2:00 Arts &amp; Crafts - 3S, 4N &amp; 5N 2:30 <b>A Day of Remembrance: Memorial Home Going Service-1MDR</b> 4:00 Card Games on 5South 5:00 Unit quite time reading - Lounge 6:30 Friday Night Movies &amp; Popcorn /1st floor Main Dining Room</p>	<p><b>9:15 Daily Chronicle-Rm Visits</b> 10:00 Yoga movement to music -All 10:30 BIBLE STUDY w James McMorris-4North 10:30 Wii Bowling -3S w Nicola 10:30 Cookie &amp; Conversation w Artell - 2MPR 2:30 <b>ICE-CREAM SOCIAL w TOPPINGS-1MDR</b> 4:45 Room Rounds-All Floors 6:30 Baby Boomers Canteen-1MPR w Ishmael - Cards, Wii Bowling, TV Leap Day</p>